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**Project:** “Let’s Talk About Pain Medicines” workshops  
  
**Project goals:** To help adults (18 years and older) more safely and effectively use – and avoid the misuse of - prescription pain (opioid) medicine.

**Length/Group size**: 60 minutes; 10-30 participants

Participant Requirements:

* Adults
* 18 years or older

Project design: 60-minute interactive, hands-on workshops on how to more safely and effectively use prescription pain (opioid) medicine. Topics include:

* The differences between prescription opioids and other pain medicines
* Safe storage of opioid pain medicine to help prevent others from finding and using them
* What to do with unused opioid pain medicines (i.e.: where and how to get rid of them when no longer needed so they are out of the home)
* Understanding of label directions (when and how long to take the medicine)
* Special instructions on warning labels
* Illegality of using others’ medications
* When to call the pharmacist or provider
* History of opioids and the opioid crisis
* Use of naloxone and signs of opioid overdose

**NOTE:** The workshops are presented by non-clinical facilitators and are not intended to serve as medical advice.

Workshop incentives:

* $200 stipend for host organization (based on a minimum of 10 participants) to help cover potential costs: recruitment of participants, refreshments, staff time, refreshments, etc.
* Provide $50 if an interpreter outside your organization is needed during the workshop
* Participants receives a workbook, drug deactivation kit and other informational materials, including 4 fact sheets on:
  + How are prescription opioids and other pain medicines different?
  + How to keep opioids safe and how to get rid of unused medicines
  + What can go wrong when you use opioid medicines?
  + Opioid resources: treatment, recovery and community resources
    - *Note: Titles/topics of fact sheets subject to change*
* Participants can enter into a cash prize drawing at the end of the workshop

**OVER**

Partner Organization Responsibility:

* Designate staff person from your organization to serve as the site coordinator
* Recruit a minimum of 10 participants (recruit more in case some cancel)
* Host the workshop at your organization

Wisconsin Health Literacy Responsibilities:

* Facilitate the workshops
* Provide all workshop materials
* Conduct pre- and post-survey during the workshop

Workshops can be implemented throughout 2019 and sites will be selected on geographic location and date availability.

*This project is supported by Security Health Plan*